



AWARDS
 Awards for 1st, 2nd and 3rd place male and female winners in each age division.
 Trophies to over-all male and female winner

Jingle In July 5K
5K (3.1 Mile) Run/Walk
 Saturday, July 28th 2018
 Garrard County High School
 8:00 A.M.

Jingle In July 5K t-shirts for all participants

The Course: Start/finish line at Garrard County High School. Water will be available on the course. (Race timing and results by Rick Serres)

Entry Fee: Through July 14th: \$20 (\$15 if 18 & under)
 After July 14th: \$25 (\$20 if 18 & under)

Race Day: Registration will be \$25 (\$20 if 18 & under). Registration on race day will be from 7:00 a.m.-7:45 a.m.

Proceeds: **KSP Shop with a Trooper program.**

AGE DIVISIONS

- 11 & under
- 12-14 45-49
- 15-19 50-54
- 20-24 55-59
- 25-29 60-64
- 30-34 65-69
- 35-39 70+
- 40-44

Make Check Payable To:
Jingle In July 5K

Mail To:
 Cundiff Chiropractic
 c/o Jingle In July 5K
 53 Farra Dr.
 Lancaster, KY 40444

For more Information Contact:
 Sean Cundiff D.C. (859) - 792-1845

Last Name: _____ First Name: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Age: _____ (Please Mark) Male Female Shirt Size: S M L XL

Email: _____

Waiver of Liability: In consideration of the acceptance of my entry, I hereby, for myself, my heirs, executors and administrators, do release and discharge any and all sponsors of this 5k Run/Walk of any damages, demands or actions in any manner arising or growing out of my participation in the run/walk. I attest and verify that I have full knowledge of the risk involved in this event and that I am physically fit and sufficiently trained to participate. I give permission for photographs to be made to be used solely for publicity and training purposes by the Jingle In July 5K.

Signature: _____

Parent or Guardian Signature (If under 18) _____